

Experiencing an Unhealthy or Unsafe Relationship?

Your rights as a child or young person

If the police are called to your home because of a domestic incident, then the officers should talk to you and listen carefully to you and your experiences; they should explain to you any decisions that they are making and listen to what you want for yourself and your own safety.

You should not have to face this on your own and you have the right to be listened to, to have your voice heard and to be cared for... that is the responsibility of the adults in your life... because you matter.

Your teachers in school should show understanding and care for you; they have had training to help them to try to understand what it is like experiencing unhealthy or unsafe relationships and they should give you the support that you want and need, and work on your behalf to get you support by people/groups outside school if that is what you want and need.

Operation Encompass believes that you have the right to be happy, to live in a secure and caring environment and to live without harm and fear.

Operation Encompass understands that living in a home where there are unhealthy or unsafe relationships between the people who care for you, or being in an unhealthy or unsafe relationship yourself (domestic abuse) can be harmful to you. If this happens to you then you should be listened to, helped and supported by a trusted adult who cares and understands what you are experiencing.

