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15/1/2018

**Due to popular demand we will be running a second PLAYFUL PARENTS PROGRAMME**

Playful Parents is an 8-week, small parent group for parents or carers with at least one child between 4 - 12 years. The weekly sessions are warm, relaxed and fun with a group leader, who is a skilled Play Therapist - the perfect environment to chat to other like-minded parents. The aim is to help parents feel empowered and grow in confidence as we share lots of new and exciting skills through experiential and playful activities. This is a free programme to parents and financially supported through the school.

**Is Playful Parents for me?**

* Sometimes feel confused by your child’s behaviour?
* Wish you understood your children a bit better?
* Want to feel more confident and in control as a parent?
* Like to meet and chat to other parents who ‘get it’?

**How can Playful Parents help my child?**

* Self-esteem will increase through special ‘You & Me Time’.
* You’ll learn how to react to all behaviour in positive ways.
* Your child will see that the fair boundaries you put in place make them feel safe.
* New skills increase the bond between you.
* Your child will have more respect for you and for others.
* You’ll notice that your child becomes happier and better able to cope. So home and school life will run more smoothly.

**What do Previous Parents say about it?**

*“The course gave me a real understanding, confidence and strategies to deal with difficult behaviour which have helps me calm my daughter before things escalate. I’m really grateful to you & the course.”*

*“I feel this course is a real eye opener on the basic principles of how to interact with my children. I wish I someone would have told me about it years ago, so that I would have been using it from day one."*

This course has been highly successful for our families at Stockham School. If you feel this is something you are interested in please join us for a coffee morning on Friday 26th January at 9.00am. Please complete the slip below and hand it in to the school office asap.

Mrs Burbank and Mrs Roberts (SENCO)

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Parent’s name ………………………………………………………. Child’s name:

I am interested in the course and would like to come to the coffee morning on the 26th January.